

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: EDU 235

Credits: 3

Course Title: Health, Safety, and Nutrition Education

Course Description: Focuses on the health and developmental needs of children and the methods by which these needs are met. Emphasizes positive health, hygiene, nutrition and feeding routines, childhood diseases, and safety issues. Emphasizes supporting the mental and physical well-being of children, as well as procedures for reporting child abuse. Lecture 3 hours per week.

General Course Purpose: To prepare the early childhood educator to meet the physical needs of young children through preparation of a safe environment, planned routines, and positive experiences in the areas of health, safety, and nutrition.

Course Prerequisite,