

J. Sargeant Reynolds Community College
Course Content Summary

Course Prefix and Number: HRI 106 Credits: 3

Course Title: Principles of Culinary Arts I -II

Course Description :

Introduces the fundamental principles of food preparation and basic culinary procedures. Stresses the use of proper culinary procedures combined with food science, proper sanitation, standards of quality for food items that are made, and proper use and care of kitchen equipment. Part I of II. Prerequisites: The Culinary Arts AAS degree requires that students have the following competencies: (1) Competency in Introductory Algebra MDE 10 as demonstrated through placement or by satisfactorily completing MDE 10, and (2) competencies in reading and writing as demonstrated by placement in ENG 111 or placement in co-requisites ENG 111 and EDE 11 or completion of a college-level composition course. Students needing to complete developmental studies courses in English or mathematics may take those courses concurrently with HRI courses, if approved by the program head. Prerequisite or Co-requisite: HRI 115. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week. 3 credits

General Course Purpose:

HRI 106 is designed to establish a shared set of standards that will be reinforced in subsequent courses leading to an AAS degree in Culinary Arts. Students entering the Culinary Arts program will have widely

- x Practice basic food safety and sanitation procedures; and
- x Work as a member of a team, demonstrating acceptable teamwork and communication.

Major Topics to Be Included

- x Food safety and sanitation
- x Equipment identification and maintenance
- x Herb and spice product identification
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